PRELIMINARY SYLLABUS

Course Title: Building a Career of Meaning and Impact
Course Code: WSP 46
Instructor: Agnes Le

Course Summary:

Objectives of the workshop:
- Gain more clarity on the work that energizes you, plays to your unique strengths, and honors your priorities
- Learn specific strategies to prototype your ideas, communicate your story, and mobilize support
- Apply insights and build momentum by taking actions on a 90-day project

At the end of the workshop, you will:
- Feel inspired by generating new ideas and possibilities around work that engages you
- Feel energized to take action over the next 30 days
- Feel more connected to others who share similar longings and challenges

*Please see course page for full description and additional details.

Grade Options and Requirements:
- No Grade Requested (NGR)
  - This is the default option. Just show up for class! No work will be required; no credit shall be received; no proof of attendance can be provided.
- Credit/No Credit (CR/NC)
  - Score will be determined by student attendance and participation.
- Letter Grade
  - All assignments will be graded on a completed / not completed basis

*Please Note: If you require proof that you completed a Continuing Studies course for any reason (for example, employer reimbursement), you must choose either the Letter Grade or Credit/No Credit option. Courses taken for NGR will not appear on official transcripts or grade reports.

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Tentative Weekly Outline:

Week 1: Get energized, Uncover what is great

Objectives

- Reflect on your past, present, and future to uncover themes around what is meaningful and energizing in your work and life
- Learn practical strategies from a panel of guest speakers on how to incorporate more meaningful work in your life
- Identify ways to shift your mindset in order to manage limiting beliefs that get in the way

1. Sweet Spot of Success Framework
   What are your unique talents? What energizes you? What problems do you want to solve and what do you have to offer?

2. Envision the possibilities
   What are the different options A, B & C that you would like to explore?

3. Limiting beliefs
   What holds you back?

Week 2: Be bold, Take action

- Choose a 90-day Career and Life Vision (CLV) project you want to explore and generate new ideas and possibilities
- Practice communicating a compelling story of who you are, where you are going, and what you need from others
- Develop an action plan and establish a support system for moving forward with your 90-day project

1. Prototyping Strategy (Guest Speaker)
   What are the small wins that can help you move forward?

2. Storytelling Strategy
   How do you communicate your compelling story?

3. Connecting Strategy
   Who is your tribe? Who can help you support your goals?

   What are the next steps? How do you sustain momentum?