WSP 236 A & B: Women Leaders: Mastering Influence, Authenticity, and Power
Winter 2017 Syllabus

Instructors:
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Course Objective
The objective of this course is to empower women leaders to step into leadership roles and lead effectively.

This highly interactive two-day workshop will provide exploration, discussion, and practice in the areas of: finding the meaning that will inspire you in your career, enabling you to reframe obstacles and work toward solutions, building meaningful networks, taking ownership of your accomplishments, and stepping into power.

Preparation for Workshop
This course may be taken Credit/No Credit.

Credit/No Credit: All participants will complete a short questionnaire. Based on the answers, you will form 2-3 leadership goals. Class attendance is required for Credit.

*Please Note: If you require proof that you completed a Continuing Studies course for any reason (for example, employer reimbursement), you must choose the Credit/No Credit option. Courses taken for NGR will not appear on official transcripts or grade reports.

Suggested Readings:
How Remarkable Women Lead: The Breakthrough Model for Work and Life by Joanna Barsh, Susie Cranston, Geoffrey Lewis
Workshop Outline

Day 1: Leadership from within

I. Explore the passion that inspires your career.
   We will discuss and discover the underlying values that motivate you and
give purpose to your work.

II. Mental Models and Positive Framing
   Responding to new events and obstacles, in a manner that leaves us with
resilience is important for leaders. We discuss self-compassion and the
power of positive reframing.

III. Stepping into Power
   We will discuss and find the building blocks of personal power. Discuss
ways in which we gain and lose power. Practice acting with power, and
develop a personal action plan.

Day 2: Leadership generated outwardly - compelling others

IV. Feedback and Adaptability
   We will connect self-awareness with feedback models of giving and
receiving direct information. We will explore the feedback concept as a
learning mechanism.

V. The Importance of Networking
   Learning to build effective relationships is a vital part of creating value,
resilience, and opportunity. We will explore and practice different ways
to connect professionally, including practicing the “art of reciprocity.”

VI. Giving voice to the Value of your Contribution
   Many young girls are taught “not to brag.” This mental model holds many
women leaders back from speaking about their accomplishments. We
will learn to give voice to our value, and distinguish between self-
aggrandizement and confidence.

Closure