Course Title: What Makes Us Tick: Understanding Our Personal and Professional Relationships Through Myers-Briggs

Course Code: PDV 97

Instructor: Kathleen Sexton

Course Summary:
Please see course page for full description and additional details.

Note: Students need to complete the online MBTI Step II (Form Q) assessment no later than June 13. More information will be provided upon registration.

Grade Options and Requirements:
- No Grade Requested (NGR)
  - This is the default option. No work will be required; no credit shall be received; no proof of attendance can be provided.
- Credit/No Credit (CR/NC)
  - Score will be determined by student attendance and participation.
  - A passing grade (for "Credit") requires attendance at 4 of the 5 sessions as well as student participation in activities.
- Letter Grade is not offered for this course.

Please Note: If you require proof that you completed a Continuing Studies course for any reason (for example, employer reimbursement), you must choose either the Letter Grade or Credit/No Credit option. Courses taken for NGR will not appear on official transcripts or grade reports.
Tentative Weekly Outline:

Week 1:
- Course Overview
- MBTI Overview
- Discussion On MBTI Step II Report
- Distribute and Review MBTI Assessments

Week 2:
- Introduction to Temperament
- Speed Reading Type
- Type Applications to Communications

Week 3:
- Type Table Analysis by Type & Temperament
- Temperament & Working with Others
- Type & Your Family
- Career Satisfaction & Type

Week 4:
- Type Challenge Cards
- Type Dynamics
- Type Dynamics & Problem-Solving
- Hobbies/Leisure Activities by Dominant Function

Week 5:
- Type Development
  - Examining Your Type Development
  - Practicing Type Development
  - Examining the Least Preferred Function (Your “Shadow” Side)
- MBTI Resources