Course Title: Developing a Sustainable and Rewarding Writing Practice
Course Code: WSP 27
Instructor: Marisa Handler

Course Summary:
This will be a collaborative environment in which you will share your own experience as well as contribute to the development of your peers’ process. Over the course of our two days together, you will explore how to write from a place of depth and connection, when to make yourself write and when to ease up, locating the balance between discipline and inspiration, and developing a process that is both rigorous and rewarding. You will emerge with a better understanding of your own writing process and how to engage in it fully and richly, as well as a concrete foundation for your long-term writing practice.

Please see course page for full description and additional details.

Grade Options and Requirements:
This is a one-unit class, and credit will be based on attendance (50%) and participation (50%). Participation includes both class discussion and writing exercises.

- No Grade Requested (NGR)
  - This is the default option. No work will be required; no credit shall be received; no proof of attendance can be provided.
- Credit/No Credit (CR/NC); Letter Grade
  - Score will be determined by student attendance and participation.

Please Note: If you require proof that you completed a Continuing Studies course for any reason (for example, employer reimbursement), you must choose either the Letter Grade or Credit/No Credit option. Courses taken for NGR will not appear on official transcripts or grade reports.

Tentative Weekly Outline:
Each class will have a one-hour lunch break from 12:30-1:30 pm. The following topics will be covered on each day:

Please contact the Stanford Continuing Studies office with any questions
365 Lasuen St., Stanford, CA 94305
continuingstudies@stanford.edu
650-725-2650
Day One: From Blank Page to Practice

- Finding Your Seat
- The Vast Emptiness: Filling the Page
- Blockage, Boredom, and Opportunity
- The Bulldozer and the Ballast: Working with Judgment
- Tapping the Vein: Writing the Depths
- Crappy First Drafts

Day Two: From Practice to Body of Work

- Consistency and the Writing Mind
- Filling the Well (or, When Not to Write)
- Receiving, winnowing through, and integrating feedback
- Revise. Repeat.
- A Fine Line: Locating a life/writing balance that works
- From A Room of One’s Own to A Room of Many: Community as Praxis
- Publication, Reception, and Reviews