Course Title: What Makes Us Tick: Understanding Our Personal And Professional Relationships Through Myers-Briggs

Course Code: PDV 97

Instructor: Kathleen Sexton

Grade Options and Requirements:

• No Grade Requested (NGR)
  o This is the default option. No work will be required; no credit shall be received; no proof of attendance can be provided.

• Credit/No Credit (CR/NC)
  o A passing grade (for "Credit") requires attendance at 4 of the 5 sessions, student participation in activities, posting on Canvas site, and completion of homework.

*Please Note: If you require proof that you completed the course for any reason (for example, employer reimbursement), you must choose the Credit/No Credit option. Courses taken for NGR will not appear on official transcripts or grade reports.

Note:
Students need to complete the online MBTI assessment one week prior to class start date. More information will be provided upon registration.

Tentative Weekly Outline:

Week 1:
• Course Overview
• MBTI Overview
• Discussion On MBTI Step II Report
• Distribute and Review MBTI Assessments

Please contact the Stanford Continuing Studies office with any questions
365 Lasuen St., Stanford, CA 94305
continuingstudies@stanford.edu
650-725-2650
Week 2:
- Speed Reading Type Tips
- Applying Type to Communications and Conflict
- Type & Family

Week 3:
- MBTI Challenge Cards
- Introduction to Temperament
- Temperament & Change
- Revisit Communications Applying Temperament
- Leading Others Using Type Awareness

Week 4:
- Type Dynamics
- Problem Solving & Type Dynamics
- Examining the Least Preferred Function (Your “Shadow Side”)

Week 5:
- Type Development
- Career Satisfaction & Type
- Developing Yourself

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