Co-Taught By:  Jeffrey Blum, Esq.  
                Sandra Wang, CFP®, CDFA™, MFT

Dates/Times:  Saturday, July 18, 9:00 am to 5:00 pm
Course Materials:  No textbook required. Handouts will be provided.

Course Outline
What is Mediation?
• Theory & Principles of Mediation
• How Mediation Differs from Other Forms of Conflict Resolution
• Success Factors in Mediation
• Using Mediation Tools to Resolve Conflict without a Mediator
  
  Mock Mediation - Entire Class

The Mediation Process to Address Disputes
• Resolving Disputes without a Mediator
• Overview of the Mediation Process
  o Opening
  o Information Sharing & Issue Identification
  o Exchange & Negotiation
  o Transition to Agreement Stage
• Mediation Process Parallels Creative Problem-Solving Process
• When It Goes Beyond 2 Parties (When to Involve a 3rd Party)
  
  Mock Mediation - Small Groups

Transformative Mediation to Transform the Relationship
• How Transformative Mediation Differs from Other Forms of Mediation
• Transformative Mediation’s Potential for Empowerment and Recognition
• Enhancing Relationships and Creating New Insights
• Constructively Framing Issues
  
  Mock Mediation using Transformative Approach - Entire Class

Difficult Conversations
• The Role of Conflict: Maslow’s Hierarchy of Needs
• Conflict Styles
• Conducting Emotionally-Charged Conversations
• Creating and Restoring Safety to Conversation
• Stress/Anger Management
• Approaching Specific Difficult Conversations
• Skills in Effective Conversations
  
  Mock Mediation using Transformative Approach – Small Groups

Applying Mediation to Major Life Decisions
• Applying Mediation Concepts to Important Life Decisions
• How is a Life Decision Similar to a Conflict
• Evaluating Psychological and Financial Consequences of Decisions
  
  Mock Mediation for Life Decisions – Small Groups

Conclusion:  The notion of “Win-Win”

*Continuing Legal Education credit hours available for this course (7 credit hours of MCLE).
*Course meets the qualifications for 7 hours of continuing education credit for MFTs, LPCCs, LEPs, and/or LCSWs as required by the California Board of Behavioral Sciences (PCE 5184).