Course Title: Motherhood & Work: Challenges and Opportunities for Positive Change  
Course Code: PDV 108  
Instructor: Kristi Rible  
Course Summary: This course will equip working mothers, mothers who are considering returning to work after caregiving leave, and other working parents and caregivers with knowledge, tactics, and strategies for positive change at work and at home. While focused specifically on the challenges and opportunities of mothers who work for pay, this course is open to everyone, including fathers, other kinds of caregivers, people managers, men and women without children, or mothers who are not currently working for pay outside the home. The data and teachings of this course will provide valuable insight to all categories of individuals that can be effective in shifting the paradigms at work and at home. This course is NOT a parenting course.  
*Please see course page for full description and additional details.

**Special Guest Speaker: Eve Rodsky, New York Times Best Selling Author of Fair Play.

Note about Live Attendance and Recording: These class sessions will be recorded. However, it is important to participate live in order to get the full benefit of the interactive and collaborative nature of this course. We will get to know one another!

Grade Options and Requirements:  
- No Grade Requested (NGR): This is the default option. No work will be required; no credit shall be received; no proof of attendance can be provided.  
- Credit/No Credit (CR/NC): Students must attend at least 5 class sessions.  
- Letter Grade (A, B, C, D, No Pass): Students must attend at least 5 class sessions and complete an action plan for home & work.

*Please Note: If you require proof that you completed a Continuing Studies course for any reason (for example, employer reimbursement), you must choose either the Letter Grade or Credit/No Credit option. Courses taken for NGR will not appear on official transcripts or grade reports.

Tentative Weekly Outline:

**Week 1:** Building the foundation for change: why mothers? A close look at the motherhood penalty, the wage gap, the invisible load, and the data to support change.

**Week 2:** The “caregiving crisis”, the impact of COVID-19, and what next?

**Week 3:** Work-family conflict, the opt-in vs. opt-out debate, and can women have it all?

**Week 4:** The U.S. and beyond: A close look at the governmental and organizational policies that directly impact mothers.

**Week 5:** Gender equity at home and its link to well-being, advancement at work, and overall gender equality. **Guest Speaker: Eve Rodsky, New York Times Bestselling Author of Fair Play.

**Week 6:** The Workplace of the future: what does an “evolved workplace” look like for working mothers? A look into the structural, cultural, and leadership requirements to support working mothers and other kinds of caregivers in the workplace.