Course Title: Improv to Improve: Artful Skills to Build or Lead Your Business
Course Code: BUS 158
Instructor: Katie Rubin

Course Summary:
We will use the tools of Improv Comedy, on our feet, each week, to expand our communication, leadership, and creativity skills. We will actively explore how these skills are applicable to making YOUR business more effective, more efficient and more fun!

*Please see course page for full description and additional details.

Grade Options and Requirements:

No Grade Requested (NGR)
- This is the default option. No work will be required; no credit shall be received; no proof of attendance can be provided.

Credit/No Credit (CR/NC)
- Students must attend at least 80% of class sessions.

Letter Grade (A, B, C, D, No Pass)
- A’s will be given for students who actively participate in class exercises, ask genuinely curious and engaged questions, and perform all outside assignments energetically and/or enthusiastically.
- B’s will be given for students who fulfill all of the A Student’s requirements but do not participate as fully or actively in class, or vice versa.
- C’s will be given for students who are minimally engaged in class activities but who read the book, and watch any outside videos assigned. Or for students who do not read the book or watch any outside videos assigned, but who do participate minimally in class and with low levels of engagement.
- D’s will be given for students who are disengaged in class activities, do 1/2 to none of the outside assignments and show up to just 50% of classes.
- **No pass** will be given for students who show up to fewer than 50% of the classes, do not read the book or do the outside assignments and/or work actively against the successful flow and forward momentum of the class.

*Please Note: If you require proof that you completed a Continuing Studies course for any reason (for example, employer reimbursement), you must choose either the Letter Grade or Credit/No Credit option. Courses taken for NGR will not appear on official transcripts or grade reports.*
Weekly Outline:

This class will always involve large amount of time on our feet. You will not be sitting and listening in this class. You will be UP and MOVING!

If you are terrified of looking or seeming foolish or ridiculous, this might be the perfect class for you, as you WILL look or seem foolish or ridiculous. Regularly. Is now the time for you to push past those limits you’ve imposed on yourself?

:)

That question being posed, we will also have a GREAT DEAL of FUN in this class!

Each week, we will play with 1-4 skills of Improv Comedy including but not limited to:

- Yes, and
- Making Offers
- Receiving
- Character Work
- Space Work
- Listening (It sounds simple, but is it?)
- Stage Presence
- Commitment

Each class will consist of some repeated warm up activities that will remain consistent for the duration of the course, as well as new games each week to help us to inhabit or embody the skills being taught that week, followed by discussions after each game about what worked, what you noticed, how you feel the skills explored in each game might apply to your workplace!

More than likely, there will be 1-2 videos/movies assigned for homework/play over the course of the class. Details about these will be given during the course.

There may be 1-2 simple writing assignments given over the course of the 8 weeks. These will be personal and expressive in nature, not research or knowledge based.

I wonder how much we each can expand, learn and grow together in this playful, physical, creative, and boundary pushing class! I wonder how much your business can and will expand and grow as a result of what we create together here. Thank you for your willingness to take a risk and play! How much fun can we have together?!